

REFERRAL LIST



Region of Waterloo

PUBLIC HEALTH

Note: The most up-to-date Referral List can always be found on the Region of Waterloo Public Health Website at www.region.waterloo.on.ca/ph (search for "Referral List"). This list was compiled as an introduction to programs and services in Waterloo Region to which families with children 0-6 years of age may be referred when there are developmental or parenting supports required. This is not an exhaustive list of programs and services in Waterloo Region. For a full listing of programs and services with geographic mapping, go to the *New Parent Resource Guide* at www.parentguide.ca/waterloo.

Presenting Concern	Program / Service	Phone No.
Autism	Central West Autism Intervention Services (ErinoakKids) – www.erinoakkids.ca <ul style="list-style-type: none"> Children diagnosed with moderate-severe autism receive IBI and transition support Provides families with psychosocial support and educational workshops 	1-877-374-6625
	Developmental Services Access Centre – www.dsac-wr.com <ul style="list-style-type: none"> Access to assessment and support services for children suspected to have or identified with autism 	519-741-1121
Breastfeeding	Healthy Children Info Line – Region of Waterloo Public Health – www.region.waterloo.on.ca/ph <ul style="list-style-type: none"> Provides breastfeeding information and referral to community resources and services 	519-883-2245
Child Care	Child Care Connection – Database of licensed home & centre based childcare – www.childcareconnection.ca <ul style="list-style-type: none"> Advice and resources on quality child care for parents and caregivers 	519-741-1811
	Home Child Care – Region of Waterloo – www.region.waterloo.on.ca/web/social.nsf <ul style="list-style-type: none"> Flexible licensed child care provided in approved private homes for families who are eligible for Child Care Subsidy Cambridge: 519-740-5760 Kitchener-Waterloo and other areas in Region of Waterloo: 519-883-2220 	519-740-5760 519-883-2220
	Child Care Subsidy – Region of Waterloo – www.region.waterloo.on.ca/web/social.nsf <ul style="list-style-type: none"> Child care subsidy available to parents who qualify and cannot afford to pay child care costs. Call for information. 	519-883-2200
Community Health Centres (refer to websites for satellite sites)	Kitchener Downtown Community Health Centre – www.kdchc.org	519-745-4404
	Langs Farm Village Association Community Health Centre (Cambridge) – www.langs.org	519-653-1470
	Woolwich Community Health Centre – www.wchc.on.ca	519-664-3794
Counselling and Parenting (refer to Yellow Pages for additional Counselling Services)	Note: All counselling agencies provide individual, family and group counselling, children's programs, treatment programs and parenting programs. Call for more information. Refer to Yellow Pages for additional Counselling Services	
	Family Services Cambridge and North Dumfries	519-621-5090
	Interfaith Community Counselling Centre (New Hamburg) – www.interfaith.golden.net	519-662-3092
	K-W Counselling Services – also provides walk-in clinic – www.kwcounselling.com	519-884-0000
	Lutherwood Family Counselling Services – www.lutherwood.ca	519-622-1670
	Mosaic Counselling and Family Services – www.mosaiconline.ca	519-743-6333
	Woolwich Community Health Centre (St. Jacob's) – www.wchc.on.ca	519-664-3794
Woolwich Interfaith Counselling Centre (Elmira)	519-669-8651	
Dental (refer to Yellow Pages for local dentists)	Dental Clinic – Region of Waterloo Public Health – www.region.waterloo.on.ca/ph <ul style="list-style-type: none"> Provides dental clinics, dental screenings, urgent dental treatment and basic dental care for families without dental insurance, no ability to pay for dental care and/or receiving OW or ODSP 	519-883-2222
Developmental / Physical Concerns / Special Needs	Community Care Access Centre – www.ccac-ont.ca <ul style="list-style-type: none"> Connectors to home care, school health support services and other community services 	519-748-2222
	Developmental Services Access Centre – www.dsac-wr.com <ul style="list-style-type: none"> Intake services for children with a developmental disability; family support services Clinical Services such as psychological assessments 	519-741-1121
	Infant and Child Development – Region of Waterloo – www.region.waterloo.on.ca/web/social.nsf <ul style="list-style-type: none"> Family centered early intervention services for children birth to 5 years at risk or with developmental delays 	519-883-2268
	KidsAbility – Centre for Child Development – www.kidsability.ca <ul style="list-style-type: none"> Therapeutic, educational, support services and medical consultation for children with physical, developmental and/or speech and language concerns Physiotherapy, occupational therapy, speech language pathology, social work, therapeutic recreation Augmentative Communication Services, Autism Intervention Services, Infant Hearing Prog., Blind Low Vision Prog. 	519-886-8886 ext. 214
	Child Care Special Needs Access Point (SNAP) – www.ccsnap.com <ul style="list-style-type: none"> A single point of access for special needs services for children in licensed child care settings, delivered by a partnership of agencies including: Community Living Cambridge, Developmental Services Access Centre, Elmira District Community Living, kidsLINK, KW Habilitation Services and KidsAbility 	519-741-0076
Education and Specialized Support Services (for school enrolled children)	Note: For information on school services and resources, contact the Principal at your local school. For a list of schools, see the Yellow Pages listing for "Schools-Academic-Elementary & Secondary" for each school board or their websites.	
	Waterloo Catholic District School Board – www.wcdsb.ca	519-578-3660
	Waterloo Region District School Board – www.wrdsb.on.ca	519-570-0003
	Conseil scolaire de district catholique Centre-Sud – www.csdccs.edu.on.ca	1-800-274-3764
	Conseil scolaire de district du Centre-Sud-Ouest – www.csdcsco.on.ca	1-888-538-1702

For more information on appropriate referrals, please contact the Healthy Children Info Line at 519-883-2245

Presenting Concern	Program / Service	Phone No.
Hearing Note: Also refer to Audiologists in the Yellow Pages or speak to your doctor	Note: Also refer to Audiologists in the Yellow Pages or speak to your doctor Canadian Hearing Society – Waterloo Region – 519-744-6901 (TTY) <ul style="list-style-type: none"> Support for deaf, deafened and hard of hearing individuals and their families 	519-744-6811
	Central West Infant Hearing Program (ErinoakKids) – www.erinoakkids.ca <ul style="list-style-type: none"> Hearing screening at birth and when at-risk for permanent hearing loss Hearing, communication, education and support services for children with permanent hearing loss Physicians may fax referrals for children 4-24 months who are high risk (fax referral: 1-866-764-9607) 	1-877-374-6625
	E.C. Drury School for the Deaf (Milton) – www.ecddf.ca <ul style="list-style-type: none"> Preschool home visiting program in Waterloo Region for children with permanent hearing loss 	1-866-906-1192
	Robarts School for the Deaf (London) – www.robartsschool.ca <ul style="list-style-type: none"> Preschool home visiting program in Waterloo Region for children with permanent hearing loss 	1-866-640-0044
	Immunization & Vaccine Preventable Disease Program (Region of Waterloo Public Health) – www.region.waterloo.on.ca/ph <ul style="list-style-type: none"> Educational support to physician's offices and parents through the Info-Line Provides access to immunization for families without physicians 	519-883-2006 ext. 5273 (Info-Line)
Mental Health / Behaviour	Front Door (formerly Children's Mental Health Access Centre - Lutherwood & kidsLINK) <ul style="list-style-type: none"> Intake services for children's mental health services – also provides a walk-in clinic Educational groups, parenting programs, behavioural consultation/interventions & home based services 	519-749-2932
	Grand River Hospital Preschool Diagnostic and Treatment Program <ul style="list-style-type: none"> Early identification and diagnosis of behavioural, emotional, developmental and learning problems for children 2.5-5 years; psychiatric consultation clinic provides assessment and consultation 	519-749-4320
	kidsLINK – Early Intervention Services – www.kidsLINKcares.com <ul style="list-style-type: none"> Support for young children experiencing social, emotional and/or behaviour issues 	519-741-1122
Nutrition	Eat Right Ontario – www.eatrightontario.ca <ul style="list-style-type: none"> Nutrition information for Ontario citizens 	1-877-510-5102
Parent Supports (also see "Counselling and Parenting")	Family and Children's Services of Waterloo Region – www.facswaterloo.org <ul style="list-style-type: none"> Child protection Guidance, counselling, supervision and supportive programs for families where children are at risk 	519-576-0540
	Healthy Babies Healthy Children Program – Region of Waterloo Public Health – www.region.waterloo.on.ca/ph (search "child health") <ul style="list-style-type: none"> Provision of prenatal, postpartum and early identification screening and assessment for expecting parents and families with children from birth to age six Home visiting and service coordination for families who require additional support (children 0-2.5 years) 	519-883-2245
	Healthy Children Info Line – Region of Waterloo Public Health – www.region.waterloo.on.ca/ph <ul style="list-style-type: none"> A phone line offering support, information and counselling by a Public Health Nurse for parents with children 0-6 Intake for Healthy Babies Healthy Children Program at Region of Waterloo Public Health 	519-883-2245
	Infant and Toddler Safety Association – www.infantandtoddlersafety.ca <ul style="list-style-type: none"> Information and resources on child safety including car seats 	519-570-0181
	kidsLINK – Early Intervention Services – www.kidsLINKcares.com <ul style="list-style-type: none"> Education services for parents including resource library, Parent Information Café and workshops 	519-741-1122
	Ontario Early Years Centres – a place where parents and caregivers can get answers to questions, access programs and services for young children, and talk to early years professionals and other parents and caregivers – www.earlyyearsinfo.ca <ul style="list-style-type: none"> Cambridge Family Early Years Centre: 519-740-8353 Our Place Family Resource Centre and Early Years Centre (Kitchener): 519-571-1626 YMCA Ontario Early Years Centre (Waterloo): 519-741-8585 Satellite sites across the region. Call the Centres above for information on satellite locations 	519-740-8353 519-571-1626 519-741-8585
	Parents for Children's Mental Health – parent.advocacy@hotmail.com <ul style="list-style-type: none"> Provides advocacy, education and peer support for parents with children who have mental health issues 	519-746-5437 ext. 156
	Waterloo Region Family Network – www.waterlooregionfamilynetwork.com <ul style="list-style-type: none"> Family driven resource of support, knowledge, mentoring, service navigation and educational workshops 	519-804-1786
	Speech & Language (see "Education and Specialized Supports" for children in school)	KidsAbility – Centre for Child Development – www.kidsability.ca <ul style="list-style-type: none"> Preschool speech and language services Auditory Verbal Therapy (ErinoakKids – Infant Hearing Program)
Vision Note: Refer to the Yellow Pages for local paediatric optometrists and ophthalmologists	Note: Refer to the Yellow Pages for local paediatric optometrists and ophthalmologists Central West Blind Low Vision Program (ErinoakKids) – www.erinoakkids.ca <ul style="list-style-type: none"> Early intervention and family support 	1-877-374-6625
	Canadian National Institute for the Blind (CNIB) <ul style="list-style-type: none"> Early intervention vision screening and other supports 	519-742-3536

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