

A woman with dark hair and sunglasses on her head is laughing joyfully while holding a baby. The baby is wearing a light blue shirt. They are in a playroom with colorful toys like a purple chair and a blue ball. The background is slightly blurred, showing other people in the room.

# ONTARIO EARLY YEARS

**Waterloo Region  
Early Years Centres...  
for your child and family**



# Your family belongs

Looking for a safe and welcoming place for you and your family? Ontario Early Years Centres in Waterloo Region are open to all and are offered at no cost. In this welcoming environment, parents, caregivers and children share experiences, feel supported and engage in exploration and play.

Centres are accessible and open various hours throughout the day, evening and weekends. Family rooms, kitchens and play spaces are available for your family to use at your convenience. Drop in and structured programs are offered for children ages birth to six years as well as community resources and information sessions for parents and caregivers.

***Come visit us today for a tour or stay to play.***



# Your family's health and well-being is supported

Knowing where and how to access services for your family can be a challenge. The Ontario Early Years Centres are a one stop hub of resources and information where you can meet with community professionals to get answers to questions about your family's well-being.

Our staff teams will support you in connecting with specialized services throughout our region and provide information and resources to meet your expectations and needs through brochures, conversation and referrals.

*We understand the challenges families are facing today and are here to help.*



## Starting your parenting journey?

As you begin your journey of parenting, your local Ontario Early Years Centres are here to help. We offer a variety of programs and services designed to support you at each stage of your journey. From planning, to pregnancy, to bringing baby home.

Whether you have questions, are looking for up to date information and referrals to community professionals or want to connect with other new or experienced parents, it is never too early to visit an Ontario Early Years Centre.

*We are here to support your family as you start your newest adventure.*



## Express yourself in fun, creative ways

Ontario Early Years Centres in Waterloo Region are designed for children, parents and caregivers to experience inquiry based learning through play and exploration.

Play environments are accessible and provide a variety of developmentally appropriate activities and early learning programs for children from newborn to age six. Providing fun, interactive learning opportunities that foster the healthy growth and development of all children is important to us.

Participate in drop in and structured programs focusing on literacy, numeracy, developing social skills and more. Opportunities are provided for you and your child to attend programs together as well as independently based on your family's needs and interests. Meet other families and caregivers and play together.

*Visit one of our centres today. We are looking forward to learning through play with your family.*



# Make Connections

At the Ontario Early Years Centres in Waterloo Region we recognize parenting in today's society can be a challenge and we often feel pressured to do things on our own. Make a different choice. Build connections with others while learning through play or attend workshops to discuss the topics that interest you.

Together we can review evidence based information and share what you have learned through discussions with other parents and caregivers. Having access to up to date accurate information as well as hearing the lived experiences of others can increase your confidence in the choices that you are making for you and the children in your care.

*All families and professionals working with children are welcome. **Come visit us today.***



## Continuing the journey

As your parenting journey continues we are here to help you transition through the stages. From how to find and access quality Child Care to what to expect as your child transitions into school, our qualified staff can provide you with resources and information so you can make the best decision for your family.

*Children are competent, capable of complex thinking, curious, and rich in potential. They grow up in families with diverse social, cultural, and linguistic perspectives. Every child should feel that he or she belongs, is a valuable contributor to his or her surroundings, and deserves the opportunity to succeed.*

*How Does Learning Happen?  
Ontario's Pedagogy for the Early Years*



# Contact

## Cambridge Family Early Years Centre

149 Ainslie Street North  
Cambridge, ON N1R 3P4  
519-740-8353

## Our Place Family Resource and Early Years Centre

St. Francis School  
154 Gatewood Drive  
Kitchener, ON N2M 4E4  
519-571-1626

## YMCA Early Years Centre

161 Roger Street Waterloo, ON N2J 1B1 519-741-8585	719 Erbville Road, Waterloo, ON N2J 3Z4 519-885-0552
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Visit [earlyyearsinfo.ca](http://earlyyearsinfo.ca) for more programs and services throughout  
Cambridge, Kitchener, Waterloo and the surrounding Townships.





**Waterloo Region**  
Ontario Early Years Centres



A Place for Parents And Their Children.  
[earlyyearsinfo.ca](http://earlyyearsinfo.ca)

